In preparing for this broadcast, I perceived a shift in what we were to talk about today, and the following words were released into my heart:

**Listen intently to these words:**

"When you're worrying you're stressing, and when you're stressing you're not operating in the blessing, ... Don't Worry, Be Happy."

**The Lord is saying, Don't Worry, Just Be Blessed!**

In other words, since the blessing of God is on our lives, we don't have to worry.

The Blessing is an empowerment to prosper through words.

Listen again, to the prophetic Word from the Lord:

"When you're worrying you're stressing, and when you're stressing you're not operating in the blessing, ... Don't Worry, Be Happy."

Today we're looking at "Don't Worry, Be Happy"
These prophetic words are not a suggestion, but a commandment.

Number one, we are being encouraged and empowered to "not worry" and number two "be happy". We are to do both!

Let's look at the scriptural basis for both.

I will read, Matthew Chapter five and verses one through twelve. And as I read verses, three through eleven, I will place emphasis on the first word of each verse, only.

Matthew 5:1 - And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him:

Vs 2 - And he opened his mouth, and taught them, saying,

Vs 3 - Blessed ...

Vs 4 - Blessed ...

Vs 5 - Blessed ...

Vs 6 - Blessed ...

Vs 7 - Blessed ...

Vs 8 - Blessed ...

Vs 9 - Blessed ...

Vs 10 - Blessed ...

Vs 11 - Blessed ...

Vs 12 - Rejoice, and be exceeding glad:

Verse twelve can also be translated as "be happy".
You can be happy when the blessing is flowing.

Jesus continues into the next chapter of His teaching, encouraging and empowering us, "not to worry."

Let's look at Matthew chapter six and verse thirty-four.

**Matthew 6:34** - Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.

These words are actually translated as "take no anxious thought or do not worry."

**How is it possible for us, not to worry?**

The ability to "not worry", begins with the words of your own mouth.

When your mouth speaks the negative thoughts that the devil brings to you, worry is activated.

Worry based thinking and speaking is a form of meditation, but backwards to the way God intended it to be.

Jesus explains this in the previous verses.

Listen to Matthew chapter six and verses twenty-five through thirty-four.

I want you to focus your attention on how many times Jesus says to take-no-thought.

**Vs 25** - Therefore I say unto you, **Take no thought** for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

**Vs 26** - Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?
Vs 27 - Which of you by **taking thought** can add one cubit unto his stature?

**Vs 28** - And why **take ye thought** for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

**Vs 29** - And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

**Vs 30** - Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

**Vs 31** - Therefore **take no thought, saying**, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

**Vs 32** - (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

**Vs 33** - But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

**Vs 34** - **Take therefore no thought** for the morrow: for the morrow shall **take thought** for the things of itself. Sufficient unto the day is the evil thereof.

Six times, we see the phrase taking-thought.

You'll, also notice from verse thirty-one that we take-thoughts through **... saying**.

**Vs 31** - Therefore **take no thought, saying**. ...

In other words you can **take anxious thoughts** with your **WORDS**.
Don't take the thought ... \*SAYING\* ... What shall we eat? What shall we drink? What shall we put on? Where shall we get the money from? How will I get the bill paid?

Again you take thoughts with words!

Also keep in mind, that thoughts are not the same as thinking. Thoughts don't become thinking, until we begin to meditate the thoughts.

Satan will send thoughts! Thoughts will come and go! You don't have to receive the thoughts.

The thoughts that we should take are the thoughts that are true, honest, just, pure, lovely, of a good report, and thoughts that are virtuous and praiseworthy.

Listen to the words of the Apostle Paul from Philippians chapter four and verses six through eight.

Vs 6 - Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Verse six clearly encourages us not to worry, but instead, to pray and to have an attitude of thanksgiving.

We should pray the promises of God and give thanks as if you believed what you prayed.

In everything we are to give thanks!

There is a difference between saying "In everything give thanks" and saying "For everything give thanks."

In everything, we are to give thanks for what God is doing and not for what Satan is doing.

Listen to verses seven and eight of Philippians chapter four:
Vs 7 - And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

As we pray and have an attitude of thanksgiving we will activate the peace of God in our heart, bypassing our natural understanding.

Philippians chapter four and verse eight goes on to say:

Vs 8 - Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

So then, what are we to do with all of those negative and fear based thoughts?

Second Corinthians, chapter ten and verse five tells us what to do with those thoughts.

2 Corinthians 10:5 - Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

We are to cast down vain imaginations and every high thing that exalts itself against the knowledge of God and think on the things that are true, honest, just, pure, lovely, of a good report; things that are virtuous and praiseworthy.

How do we accomplish this? By speaking the Word only!

Regardless of what is happening, make it a habit to speak the answer and not the problem. ONLY speak the Answer! The answer is the promise of God that you found in the bible.

Only say what God has said about your situation. Only speak what you want to see come to pass in your life.
When you speak the Word of God you allow the blessing of God on your life to effectively work.

In summation, Don't Worry, Be Happy we could also say ... Be Blessed!

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